

MK5k 2012

Sunday 4th March 2012

Start/Finish, The Xscape Centre, Milton Keynes

Race start time 10.00 am



Entry Fee 5k - 16 and over £8 5k - under 16 £5

Please make all cheques payable to 'Milton Keynes Events Ltd' and remember to write your name and address on the back. Encashment of cheque confirms entry. **For more race information and to enter on-line logon to www.mkhalf.co.uk**

The race takes place on public highways and all runners must obey the Highway Code and take extreme care.

All entries must include an A4 stamped-addressed (large stamp) envelope and all entries must be received by Saturday 25th February 2012. There will be no entries on the day.

Please send to: MK Half c/o FR Systems, Unit 30, Blythe Park Business Base, Cresswell, Stoke on Trent, ST11 9RD

Do you wish to make a donation to the official race charity – CLIC Sargent Yes No

Race Entry Fee £ _____ Charity Donation (£10 suggested minimum) £ _____ Total £ _____

If you are a UK tax payer Gift Aid allows CLIC Sargent to claim tax back from HMRC on all your donations. For every £1 you give, they'll add an extra 25p from your taxes. It doesn't cost you a penny, just simply tick the box.

PERSONAL DETAILS

Please use bold capitals and please make sure you sign the declaration at the bottom of the form.

First Name _____ Surname _____

Address _____

County _____ Post Code _____

E-mail Address _____

Daytime Telephone No. _____ Date of Birth _____

Age on day of race _____ Male Female

RACE DECLARATION

The organisers would like to remind you that you have entered this race at your own risk and that they will in no way be liable for any injury before, during or after the event. I understand and agree that I participate in the event entirely at my own risk and that no responsibility whatsoever shall attach to any race sponsors, race directors, or any persons involved in the organisation of the event for any injury, accidents, loss or damage suffered by me in, or by reason of the event, however such may be caused. I declare that I am healthy and have no KNOWN medical conditions and in a suitable physical condition to undertake the necessary training for and participate in the run and I agree to seek expert medical advice if I have any health concerns prior to the race. I am 11 years of age or over on the day of the race. I have read and agree to the race declaration and the terms and conditions of the race entry as stated on the event website www.mkhalf.co.uk

Signature _____ Date _____

To be signed by parent or guardian if under 16 years of age.



Photocopies of this entry form will be accepted but must be readable